



Another resource from *PATIENT AND CAREGIVER SUPPORT**

WEEKLY DIABETES LOG SHEET

*Dedicated to providing CARE (Connections, Assistance, Resources and Encouragement) for patients, caregivers, spouses and families

10/10

Name: _____ Month: _____ Year: _____ Log No: _____

Date	Item	Early Morning	Before Breakfast	After Breakfast	Before Lunch	After Lunch	Before Dinner	After Dinner	Evening	Late Night
	GLUCOSE									
	INSULIN DOSE									
	CARB GRAMS									

Exercise Log & Notes:

	GLUCOSE									
	INSULIN DOSE									
	CARB GRAMS									

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This information is neither intended nor implied to be a substitute for professional medical guidance. Always seek the advice of your physician or other qualified health provider prior to making decisions about your medical care.